



Gillies Funeral Chapel sponsors a Grief and Loss Support Group "Grief Relief." This group currently meets at the beautiful Davis and Bott Building which is located at: 50 West Forest Street in Brigham City, Utah. Please enter the building through the north doors and proceed to the conference room which is downstairs. (Elevator available)

The **"Grief Relief"** support group will be facilitated by Chaplain Neal Humphrey comes to us from **Encompass Home Health and Hospice**. He prefers to be called "Neal."

He's been married for 46 years, has two adult children, and four grandchildren ranging in age from 7 to 18 years old. The 7-year-old is deaf and Neal knows almost enough American Sign Language to get him to behave, but enough ASL to ski with him. Neal grew up in Jackson, Wyoming, raised his family in California, and moved to Utah in 1999. His vision for a good year is 50 days of skiing and 50 days of fly fishing.

Neal will be the Bereavement/Outreach Coordinator for Gillies Funeral Chapel. Neal is a retired minister (Presbyterian) with experience in law enforcement chaplaincy (pastoral care for cops) and community mental health services, including bereavement counseling.

The "Grief Relief" support group is an open group which means that teens or adults who have experienced the loss of a loved one in their lives can attend the group at any time. The group will continue to meet on:

Wednesday evenings from 6:00-7:30 p.m.

Please refer to the yearly schedule below for more information.

The "Grief Relief" Support Group 2016 schedule is as follows:

January 6th & 20th

February 3rd & 17th

March 2nd, 16th & 30th

April 13th & 27th

May 11th & 25th

June 8th & 22nd

July 6th & 20th

August 3rd, 17th & 31st

September 14th & 28th

October 12th & 26th

November 16th

Wednesday, Nov. 30th (Potluck)

For Questions or concerns related to participating in the "Grief Relief" support group please contact: Gillies Funeral Chapel at (435) 723-5236.